

Unregistered Fun:

Day One:

UNREGISTERED FUN

KM

0	Fort George No stop in Niagara on the Lake would be complete without visiting this historic fort from the War of 1812. Here you can take day tours, and nightly ghost tours of one of the most haunted locations in Ontario... Website / Map 1-1
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Day Five:

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KM

41	Wellington Main Street Park - TBD Website / Map 5-2
72	Bergeron Estate Wineries Bergeron Estate Winery will be hosting this rest stop and offering free tours of their picturesque vineyard (Pinot & Gamay Noir, Riesling, Vidal & Gewürztraminer) located on the North shore of Adolphus Beach which is part of the Bay of Quinte and the mouth to Lake Ontario. Wine will be for sale by the case, bottle and also by the glass for those looking for a relaxing rest stop over looking the vineyard and water. Website / Map 5-6

Day Six:

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36	Kayak Gananoque and Historic 1000 Islands The 1000 Islands Kayaking Company are offering a view of the Trail from a different perspective, and a chance to use different muscles. They will be leading a 2 hour paddle on the St. Lawrence River, leaving from Rotary Beach in Gananoque. Details TBD. Website / Map 6-8
105	Prescott Grain Elevator View the St. Lawrence River from 300 feet up! Tours of the Grain Elevator to be confirmed. Map 7-1

Day Seven:

UNREGISTERED FUN

KM

83	Cornwall July 8-11, 2010 Kinsmen Cornwall Lift-Off Annual hot air balloon festival held in Lamoureux Park in Cornwall - hot air balloons, midway, concerts, strong man competition and much more www.lift-off.ca Website / Map 7-5
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Day Eight:

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