

Attractions/Personal Support Vehicle:

KM's are based on distance from overnight location West or East directions.

Day One:

ATTRACTIONS / PERSONAL SUPPORT VEHICLE

KM

1	Shaw Fest One of Niagara's most popular attractions, the Shaw Festival specializes in plays written by Bernard Shaw and his contemporaries. Website / Map 1-1
17	Lock One If the timing's right you may enjoy the treat of seeing one of the large ships that use the Welland Canal. Website / Map 1-03
26	Port Dalhousie Beautiful, vibrant, historic harbour offering many restaurants and patios, quaint shops, theatre, gardens and boat tours. Website / Map 1-04
36 + 10	Jordan Village Located 5 km north of the Great Waterfront Trail Adventure Route, Jordan Village is an oasis among the vineyards and fields of Niagara's Wine Country. The historic village has wineries, culinary delights, galleries, a museum, fabulous shopping, cool history, antiquing, and walking trails. Map 1-05

Day Two:

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9	Beachway Park and Scooters A wonderful beach with great swimming and shady, mature trees, it is also a popular place for people to stop and enjoy ice cream at Scooters. Map 1-12
10	Discovery Landing The state-of-the-art, interactive Parks Canada Discovery Centre allows Canadians and other visitors a virtual glimpse of Canada's national parks, national historic sites and national marine conservation areas. The Centre is located on the water's edge of Hamilton Harbour on Lake Ontario. Website / Map 2-03
Side Trip + 28	Hamilton Waterfront Boat and Trolley Tours For a different view of Hamilton's waterfront, consider a boat or trolley ride along the Hamilton Harbour Waterfront Trail. Website / Map 2-01
26	Oakville Museum The Oakville Museum at Erchless Estate is situated in downtown Oakville in Old Oakville's First Heritage District and was once a terminus for the Underground Railroad. Website / Map 2-05

38	<p>Ratray Marsh Entrance to the Marsh is located in the southwest corner of Jack Darling Memorial Park. Now a favourite spot for nature lovers and bird watchers, the area was once slated for a housing development and marina until concerned citizens rallied to save it. Map 2-07</p>
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Day Three:

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4	<p>Millennium Square Millennium Square is a large public square at the southern tip of Liverpool Road, perched on the shore of Lake Ontario. From the Square visitors can access the City's Waterfront Trail system, or picnic at the adjacent Beachfront Park where Play Equipment and Beach Volleyball Courts entice visitors to do more than just bask in the sun of a beautiful summer's day. On Monday, July 6th the public is encouraged to cheer on participants as they ride across the Millennium Square boardwalk between the hours of 11 am and 2 pm. Dan the Music Man will provide musical entertainment for the whole family!</p>
4	<p>Frenchman's Bay / Nautical Village There's so much to do at Frenchman's Bay. Enjoy boating, fishing and water sports in a natural harbor setting. Strong winds make Frenchman's Bay the ideal place for wind surfing or kite sailing. Stroll through the exclusive shops in the Nautical Village and indulge in the wonderful flavours while you soak in the sights and sounds of summer on the lake.</p>
N/A	<p>Pickering Museum Village Take a step back in time and enjoy what history has to offer at Pickering Museum Village (PMV). As the largest living history museum in the Durham Region, the PMV preserves and pays homage to Pickering's rich and storied heritage. This award-winning museum has fifteen restored heritage buildings which comprise a quaint pioneer village, including a blacksmith and wood shop, general store, schoolhouse, houses, barns and churches. ** Group tours available! Call today to book yours – 905.683.8401.</p>
N/A	<p>Pickering Town Centre With over 200 shops and services, Pickering Town Centre is one of the biggest Shopping Centres in Ontario. From Guest Services, Customer with Child Parking, Gift-Wrapping Service to Gift Certificates, the MallWalker Program and the Security Team, Pickering Town Centre is a great place for people to meet, relax and of course...shop.</p>
5	<p>Home Place Artists Dorsey James and Shane Clodd recruited the help of Dunbarton High School Students to create this fascinating outdoor art gallery featuring a variety of totem poles. Website / Map 3-1</p>
20	<p>Whitby Station Gallery This non-profit public art gallery and vibrant cultural centre offers a variety of art exhibitions, child, youth, adult and family art programs, classes and workshops, performances and special events. Check out their website to find out about exhibitions/events. Website / Map 3-3</p>
21	<p>Rowe House Museum This museum is a tribute to the tenacity of local heritage enthusiasts. Enjoy various historical and other exhibits in this beautifully restored home that belonged to the first mayor of Whitby Captain James Rowe.</p>

	Map 3-3
27	<p>Thickson Woods The entrance to Thickson Woods is a narrow pathway off the Waterfront Trail leading to a cool, shady respite from the warm summer sun. The towering white pines were once used form masts of sailing ships of the British Royal Navy. This is a favourite spot for many Waterfront Trail users. Website / Map 3-3</p>
29	<p>Camp X "Camp-X" was a Canadian top-secret training facility built on the beautiful shores of 'Lake Ontario' during the early years of the Second World War. Visitors to Camp X will learn of historical events such as top-secret meetings, adventures, and the positioning and secret use of each of the camp buildings. Website / Map 3-3</p>
37	<p>Second Marsh - Colonel Sam Drive Largest remaining urban wetland in the GTA, Second Marsh is another testament to people stepping up to protect our natural heritage. The Marsh has a network of trails, boardwalks and lookouts with excellent interpretation panels to help explain the significance of the marsh. Website / Map 3-06</p>
39	<p>Darlington Provincial Park Located right on the Lake, this park offers a variety of activities, including swimming, hiking and wildlife viewing from the bluffs. A tiny cemetary and log cabin mark the legacy of American settlers. Website / Map 3-06</p>
65	<p>Port of Newcastle Marina The Port of Newcastle Marina offers canoe and pedal boat rentals, providing the opportunity to get out on Lake Ontario to see the Waterfront Trail from a different view point Website / Map 3-8</p>
88	<p>Port Hope Beautiful historic streets, interesting shops, restaurants and pubs - take some time to explore the downtown Port Hope. Website / Map 3-10</p>

Day Four:

KM

11	<p>Art Gallery of Northumberland Presenting intellectually stimulating exhibitions and programming, the Art Gallery of Northumberland encourages active dialogue between the Gallery audience and the visual arts. Website / Map 3-10</p>
11	<p>Canadian Firefighters Museum The Canadian Fire Fighters Museum collects preserves, researches and displays fire apparatus, fire equipment, photographs and related archival materials to illustrate the historical development of the fire service in Canada. Website / Map 3-10</p>
0	<p>Cobourg Walking Tours Cobourg offers self guided walking tours of their downtown heritage district that begin a few blocks from the rest stop. The tour provides information on historical houses and buildings, some of which house museums, offering an indoor and outdoor experience. Website / Map 4-2</p>

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| 19 | <p>Nawautin Nature Sanctuary
 Nawautin Shores Nature Sanctuary is a tribute to the late Bob Marshall's vision and commitment to creating a residential development with a restored wetland that is publicly accessible.
 Map 4-4</p> |
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Day Five:

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| 20 | <p>Wellington Community Museum
 Wellington Heritage Museum was built in 1885 as a Quaker Meeting House and now features exhibits on local history.
 Website / Map 5-2</p> |
| 9 | <p>Sandbanks Provincial Park
 Sandbanks Provincial Park is not on the Trail proper (just a 10 minute drive from Bloomfield along County Rd 12), but is definitely worth the trip. Giant sand dunes and golden beaches form two of the largest freshwater baymouth sandbars in the world.
 Website / Map 5-2</p> |
| 9 | <p>Lake on the Mountain
 Located 1 km up a big hill from the Waterfront Trail, the Lake on the Mountain is cloaked in mystery and legend. The turquoise lake is a source of amazement and a beautiful setting for activities in the park.
 Website / Map 5-5</p> |
| 14 | <p>Bergeron Estate Wineries
 Bergeron Estate Winery is located directly on the south side of the Loyalist Parkway 5 KM East of the Historical location of Adolphustown UEL park. The winery will be hosting a rest stop and offering free tours of their picturesque vinyard (Pinot & Gamay Noir, Riesling, Vidal & Gewürztraminer) situated on the North shore of Adolphus Reach which is part of the Bay of Quinte and the mouth to Lake Ontario.
 Website / Map 5-6</p> |
| 42 | <p>Fairfield-Guzeit House
 The Fairfield-Gutzeit House was built in 1796 by two brothers, William Jr. and Benjamin, both of whom were prominent in the community. Considerable alterations were made over the course of time and the house is now open to the public during the summer months.
 Website / Map 5-8</p> |

Day Six:

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| 20 | <p>Historic 1000 Islands Village
 Located on Water St at the foot of Market St in Gananoque, 1000 Islands Village offers a unique gift shop and some charming buildings recreated in an historical style. The Heritage Museum is featuring a free exhibit this year called "The Beautiful Women Project." This exhibit features a collection of 120 clay torsos of real women age 19 – 91, each artistically rendered to reflect each woman's life journey.</p> |
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	Map 6-8
20	<p>Arthur Child Heritage Museum Built in the style of the old hotels from the Golden Era, this building houses a number of exhibits and interactive displays designed to educate and entertain. Explore the War of 1812 and learn about local geography and wildlife. Website / Map 6-8</p>
20	<p>Downtown Gananoque Downtown Gananoque boasts many magnificently restored buildings and houses. Much of downtown looks as it would have 100 years ago. Map 6-8</p>
33	<p>Brockville Museum The Brockville Museum features exhibits and artifacts related to Brockville's rich Loyalist history and the city's development as a waterfront community. Website / Map 6-11</p>

Day Seven:

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42	<p>Upper Canada Village Escape to another time and place amidst the sights and sounds of the 1860s at Upper Canada Village. Website / Map 7-3</p>
49	<p>Upper Canada Migratory Bird Sanctuary Take a walk on the wild side at the Upper Canada Migratory Bird Sanctuary, and explore over 8 km of hiking trails, canoeing, and outdoor learning programs. Website / Map 7-4</p>
65	<p>Lost Villages Museum The Lost Villages Museum tells the story of the ten villages that were permanently submerged when the area was flooded to create the St Lawrence Seaway in 1958, and is the last rest stop of the day. Website / Map 7-4</p>
80	<p>Cornwall Canal This canal is all that remains of the original historic Cornwall Canal, which was flooded in 1958 to make way for the St. Lawrence Seaway. A 4.4 km dedicated multi-use path now follows the south side of the old canal, allowing travelers to walk or ride right along the water's edge. Map 7-5</p>

Day Eight:

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0	<p>Cornwall - Lamoureux Park</p> <p>The Lift Off Festival continues this morning with hot air balloons taking to the skies. If you would like to ride in a hot air balloon tickets may be purchased for this unique experience.</p> <p>Website / Map 7-5</p>
0	<p>Cornwall Jail</p> <p>Step right into a cell to experience life behind bars at the Cornwall Jail. Built in 1834, stories of prison life from the point of view of the guards as well as the inmates are told in this haunted locale.</p> <p>Website / Map 7-5</p>
17	<p>Cooper Marsh Conservation Area</p> <p>Nestled on the picturesque north shore of the St. Lawrence River, the Cooper Marsh Conservation Area includes one of the most significant wetlands in all of Ontario. Climb the viewing tower or follow the wetland boardwalks and trails to explore the treed swamp, isolated ponds, forested areas and wild flower fields. The Marsh is also home to more than 100 species of birds and many species of amphibians and reptiles, some of which are displayed in the Visitor Centre. The Centre has public washrooms, a gift shop and is handicap accessible.</p> <p>Website / Map 7-7</p>